



# District of Lantzville

Incorporated June 2003

## Parks and Recreation Commission List of Private Recreation Providers in Lantzville

Name	Recreation Opportunity	Location	Contact	Phone	Email	Website
<b>Lantzville Folk Dancers</b>	<b>Folk Dancing.</b> International circle and line dances from Greece, Israel, Bulgaria, Canada and more. No partner necessary.	<b>Lantzville Legion— Upstairs, 7225 Lantzville Road.</b> Mid-Sep to mid-June. Tuesdays 4:30 – 6:00 pm.	Kathy Stanton	250-390-3854		<a href="http://lantvillefolkdancers.shawwebpace.ca/">lantvillefolkdancers.shawwebpace.ca/</a>
<b>Winchelsea View Golf Course</b>	<b>Golf.</b> 18 holes.	<b>7655 Harby Road West</b>	Don Sinclair	250-390-3934	<a href="mailto:winview@island.net">winview@island.net</a>	
<b>Red Door Yoga</b>	<b>Yoga.</b>	<b>7282 Aulds Road</b>	Kavita Maharaj	250-390-9367	<a href="mailto:kavita@reddooryoga.ca">kavita@reddooryoga.ca</a>	<a href="http://www.reddooryoga.ca">www.reddooryoga.ca</a>
<b>Pyramid Stables</b>	<b>Equestrian Centre and Riding School.</b> <ul style="list-style-type: none"> <li>• Lessons for all ages &amp; levels.</li> <li>• Spring break and summer camps.</li> <li>• Pre-school programs.</li> <li>• Stable management sessions.</li> <li>• Safe, trained school horses available.</li> <li>• Home to Errington Therapeutic Riding Assoc.</li> </ul>	<b>7581 Harby Road</b>	Jennifer Payne	250-390-7631	<a href="mailto:goriding@pyramidstables.com">goriding@pyramidstables.com</a>	<a href="http://www.pyramidstables.com">www.pyramidstables.com</a>
<b>Kathy Beliveau Yogi</b>	<b>Yoga</b> Workshops & retreats at various locations	Registered classes at <b>Find Your Balance Yoga Studio</b>	Kathy Beliveau	250-390-2895	<a href="mailto:kathyb@telus.net">kathyb@telus.net</a>	<a href="http://www.kathybeliveau.ca">www.kathybeliveau.ca</a>